



The COMMUNIQUE

The Episcopal Church of the Holy Communion

October 2006 Vol. 10 No. 8

Special Events For October

Oct. 1 & 21	Women's Prayer Group
Oct. 4	Guild Sandwich-making
Oct. 4, 11, 18, 25	Centering Prayer *
Oct. 7	Men's Prayer Group
Oct. 7	Blessing of the Animals
Oct. 8	Book Club*
Oct. 11	Women's Movie Group*
Oct. 14	Bike Ride*
Oct. 15	Trinity Homeless Meal*
Oct. 15	Meal A Month Ingathering*
Oct. 15	Newcomer Brunch
Oct. 18	Guild Meeting & Lunch
Oct. 19	Vestry Meeting
Oct. 21	5:00 PM Service
Oct. 21	Habitat Work Day *
Oct. 22	2 Buck Potluck *
Oct. 25	Ladies Day Out*
Oct. 29	Single Service & Parish Potluck Brunch
Nov. 1	Guild Sandwich-making

*Event details inside or call the office for more information

Worship Schedule

Sunday, 8 & 10:30 Holy Eucharist

9:15 – Christian Education

Tuesday, Evening Prayer 5:00 pm

Thursday, Morning Prayer 9:00



From the Rector

Stewardship This month marks the beginning of the 2007 Stewardship Campaign, "Friends Showing Up". Under the leadership of **Bob Hulett** this effort will endeavor to inform and challenge all of us. You should have received, or will receive soon, a letter from Bob introducing the campaign. Beginning on the 15th of the month at both services, parishioners will offer brief reflections on what stewardship means to them. I will pay close attention to stewardship in my preaching. On October 29 we will have another combined Sunday service at 9:30, which will be followed by a pot-luck brunch, a presentation on the finances of the parish, and an opportunity to ask questions about the budget. Sunday, November 12, is the date for turning in your filled out pledge cards. Please be attentive and responsive.

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Strategic Planning After almost two years of hard work, the Strategic Planning Committee made its final report to the vestry and me last month. It is an impressive and comprehensive piece of work which addresses all areas of parish life and makes several recommendations for the growth and wellbeing of Hoy Communion. The vestry and I will prioritize those recommendations and make plans on how to act on them. You can expect more information at the 2007 Annual Meeting on January 28.

The members of the committee are co-chairs **Randy Mariani** and **Jean Parker**, **Terrance Brooks**, **Rebecca Messbarger**, **Fred Moog**, **Marlene O'Brien**, **Rudy Nickens**, **Karen Payne**, and **Karen Sterbenz**. Remember them in your prayers of thanksgiving, and be present at the 9:30 AM service on Sunday, October 29, at which they will be recognized and thanked and their accomplishment celebrated.

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Our hearts ache for and with Judy Prange, our Parish Administrator, whose daughter, Courtney Westlake, died in a boating accident on September 24. Those wishing to make a memorial offering in Courtney's name should contact Save the Manatee Club, 500 N. Maitland Ave., Maitland FL 32751, www.savethemanatee.org. They have the acknowledgement information.

During Judy's absence the office was staffed ably and cheerfully by Mary Allen, Joan Dellbringge, Lucy Krieg, and Wanda Spencer, in whose debt we stand.



Senior Warden's Report

Butch Sterbenz

Well, it looks like we are off to a good start for the 2006-2007 academic year. The regular Sunday services have been supplemented with the experimental evening service every the third Saturday through the fall, and there are a whole plateful of announcements for committees and events being published and announced in the Sunday service bulletins. The Kindermusik program looks so healthy that we have a request for space to hold a second offering. If you are around when a class is held, peek in. It looks like the children and parents are all having a good experience.

Drama continues at the rental property at 7408 Gannon. There have been family problems there, followed by the death of the husband in a car accident. It looked like a lease-breaker for awhile, but the house continues to be occupied. Hopefully it will stay that way.

By the time you read this message the strategic Planning committee will have met with the vestry to review its recommendations. This has always been a project to identify program thrusts that will capture the imagination and energy of parishioners, and is therefore a very public effort. The vestry and its subcommittees will do our best to keep you informed of, and interested in, the actions plans it develops as a result of the recommendations. Let's have a great year!

Sunday Personnel

Leslie Scoopmire

Every now and then something happens. You have to go out of town, or you get sick, or company comes into town. You find that you are unable to perform your scheduled lay ministry at a Sunday service. Stuff happens!

However, when it does, please try to arrange for a substitute to take your place. Our lay readers, chalice bearers, intercessors, ushers, altar guild, and acolytes perform a vital ministry in the life of our church. It's really hard to try to draft people out of the congregation when we unexpectedly end up short of participants.

If your house is like our house and the monthly lay ministry calendar gets smeared with cream cheese or used to kill the occasional dreaded arachnid, remember that the parish website contains a page listing the schedule for lay ministers. Just go to http://www.holycommunion.net/lay_ministers.htm to find out when you are scheduled to serve. And please, just make sure someone will be able to take your place if you're unable to serve.

Guild News

Marlene O'Brien

The Guild will be continuing our usual bi-monthly meetings with services at 10:30 and study at 11am. The first Wednesday of the month is sandwich making for Someone Cares Mission, the third Wednesday, a meeting and special projects. September will be a time for planning fall activities.

We have been watching and discussing a video series, "Evolutionary Christianity" by The Rev. Michael Dowd and our studies will continue along these lines.

All our welcome to join us.

Liturgical Arts Committee

Lucy Krieg

We have advanced from a committee that had no name to a committee with two names. The senior warden, Butch Sterbenz, calls us the "Images of Christ" project and another name seems to be the "Liturgical Arts" committee. Oh well, two is better than none. As Butch noted in his September article we have already made one change. We removed the crucifix from in back of the pulpit and replaced it with a lovely cross that was given to us by our companion diocese in Nigeria many years ago. We have tentatively planned a trip to Brother Mel's studio to look at his iron work and maybe get some ideas.

Parish Bike Ride

Jan Hulett

Saturday, October 14th at 10:00 AM we will be meeting in Sailboat Cove at Creve Coeur Lake, riding the new trail link from Creve Coeur Park to the Katy Trail and then to historic St. Charles. The ride will be about 12 miles to downtown St. Charles for lunch and back. Bring your helmets, plenty of water and money for lunch.

For more information contact Jan Hulett @ 863-0069.

Adult Education

Lucy Krieg

By the time you read this the adult education program will have begun. I hope those who attend are learning something and having fun. I hope those who have not gotten there will try it out. A brochure was mailed to you and bookmarks are available thanks to Rosemary Burrows. Other committee members are Doug Black, Jean Peters, Gretchen Wilkes, Paul Stuart, Lisa Hummel, Babs Kehl-Fairchild and Fr. Myers. This is the last of a three year rotation for Sara Green, Jerry Taylor and Lucy Krieg. Karen is taking a year off from youth group so this is her first and last year. Also, thanks to Judy Prange who does a lot of things for us. Please note in your brochure that the first two Sundays in Advent (Dec. 3 & 10) will intergenerational. Children will not be in the classroom on those days but should join you in Mitchell Hall for the program.

We just found out that the program scheduled for October 22 is not available on that date so look for some changes in the listing

Junior High Sunday School and Youth Group

Karen Sterbenz

The Junior High Sunday School class continues to meet in the Tower Room on Sunday mornings from 9:15-10:15. The class is led by Becky Ragland, our seminarian. Others will be co-leading with her. Becky says the class lessons will be loosely based on topics in the Catechism found in the *Book of Common Prayer*.

The Junior High Youth Group will be going to the Botanical Garden (lunch on the way) immediately after the 10:30 church service on Sunday, October 1. The object of the visit will be to see the Chihuly glass exhibit.

On Sunday, October 29, the group will gather at Holy Communion at 4:00 p.m. to go on a Haunted Hayride at Eckhart's Farm in Illinois.

Youth Group members will receive letters about both of these events and a parent permission form to be filled out, signed and returned. Youth group members are also encouraged to bring one or more friends with them. Those friends will also need a signed parent permission slip. Both trip expenses will be covered by the Youth Group budget.

Senior High Youth Group

Karen Sterbenz

Four advisors met in September to plan two events for a Sunday evening Senior High Youth Group. The advisors are Brooke Myers, Donna Robey, Karen Sterbenz and Rocky Sterbenz. Two of them will be at each of the planned meetings.

Senior High students are those attending high schools, grades 10-12. We want to encourage youth group members to bring up to three friends with them to either one or both of these events.

The first event will be a movie at Plaza Frontenac on Sunday, October 8. We have not yet chosen the movie. It may or may not be R-rated, but we will be discussing the movie afterwards at dinner at the Canyon Café. Youth will be notified the week of the meeting which movie we are seeing and when to meet us in the movie lobby at Plaza Frontenac. The youth budget will pay for both the movie and the supper. Youth should bring their own money if they wish to purchase snacks.

The second event will be a movie at Holy Communion followed by supper and a discussion. Again youth are encouraged to bring up to three friends.

Senior High Youth will receive a mailing with additional information about these events. The advisors are optimistic that one or both of these meetings will appeal enough to our young people that we can form a viable Senior Youth Group. We believe the church needs its young people. We believe young people also need the



church, a trustworthy faith community to support and sustain in these stressful times.

Book Group

Lucy Krieg

The Holy Communion Book Group has selected the books they want to read in the next 10 months. The schedule lists books from October to August. I sent out fliers to the people who usually participate and I have extras if you are interested. For more information you might want to ask: Jane Popham, Jane Vacho, Dave Motherwell, Jerry Taylor, Barbara Robinson, Carol Dean or me.

The discussion is held on the second Sunday of the month. We bring a lunch but if you forget, we share. The book titles are: *The Alchemist* by Paulo Coelho, *The Thin Man* by Dashiell Hammett, *My Antonia* by Will Cather, *The Tower of Babel* by Morris West, *Listening Woman* by Tony Hillerman, *City of Fallen Angels* by John Barendt, *Love in the time of Cholera* by Gabriel Garcia Marquez, *Tender Mercies* by Anne Lamont, and *God of Small Things* by Arunghati Roy. Please join us.

Junior Librarian, Brooklyn Payne

Lucy Krieg

A request had been made this summer for a Children's Library during coffee hour. Brooklyn Payne has consented to be the librarian for a Children's area in the South East corner of the Lounge. She will keep a selection of books in the book case. The books may be checked out or read on site. Also there will be some magazines for parent's perusal.

Movie Group

Rosemary Burrows

Come to the Women's Movie Group October 10 and see the last in the Strangers in a Strange Land series. The beauty of the South American landscape and of Gael Garcia Bernal gives *The Motorcycle Diaries* a charisma that is decidedly apolitical. But this portrait of the young Che Guevara (later to become a militant revolutionary) is half buddy-movie, half social commentary--and while that may seem an unholy hybrid, under the guidance of Brazilian director Walter Salles the movie is quietly passionate. Guevara and his friend Alberto Granado set off from Buenos Aires, hoping to circumnavigate the continent on a leaky motorcycle. They end up traveling more by foot, hitchhiking, and raft, but their experience of the land and the people affects them profoundly. Pot-luck dinner starts at 6:30. Movie starts at 7:00.

Ladies Day Out

Lucy Krieg

There are extra Ladies Day Out fliers and one is posted on the bulletin board on the main level opposite the elevators.

Some of those programs are: a movie at the Moohla Theatre, the St. Louis Art Museum, St. Louis University Art Museum, walk a labyrinth, Bowood Farms, a game day at church and we are trying for the Alton Lock and Dam again.

In July we went to the Third Degree Glass Studio on the hottest day of the summer but it was worth it, especially the bathrooms with its blown glass wash bowls and spigots. In August we went to the History Museum to see the Ben Franklin exhibit---what a treat! As I write this we are planning a trip to the Botanical Gardens to see the Chihuly glass.

The group is open to men as well as women so please join us.

Archive Committee

Lucy Krieg

The Archive Committee has been partially active this summer, Mary Allen, Karen Sterbenz and I spent many summer days in the cool of the church sorting out and marking photos, some from the '60's. This is a task that is many moons to completion. The rest of the committee either spent the summer in the hospital or in England or moving. We are glad to see them return. We will resume meeting as a committee in October, I hope. In the meantime, Burt Mayfield is working on a special room for us to store archive and to work in. It is located next to the choir room on the first level. Bear with us, we are making progress.

Trinity Hot Lunch Christmas Meal

Jan Munro

This year's plan to have guest cooks for each of our monthly meals (the third Sunday of every month) has worked very well. So many parishioners have stepped forward and aided either as cooks or servers. We have volunteers for October and November and we still need a team for December. Because it is very near Christmas (December 17), I thought we could make it a special occasion by having gift packages for our homeless lunch guests. A dear friend who worked for the American Lung Association directed a tuberculosis project for the homeless in which they collected used tee shirts. It seems that this is a popular item, because they are fairly disposable. My thought was that we collect some of our favorite "gently used" tee shirts and buy a pair of socks to go with them. You might write a personal note, describing the significance or history of your tee shirt. If you could bring them in a holiday gift bag, we will add Christmas candy and other small items. And if anyone can volunteer to make this a festive event, we welcome your participation. Please contact Jan at 314-614-1952 to find out what you can do to help.

***Mahalia* Sets the Tone for This Year's Black Rep Schedule**

Jan Munro

Community Ministries is going to sponsor a facilitated discussion of the Gospel Musical, Mahalia on October 1. A covered dish dinner will be at 6:00 followed by discussion of the play at 6:30. Our hope is to have meaningful dialogue of the social issues that are apparent in the production and discern what they mean for us as individuals and as a community. Details of the production are listed below as well as ticket information.

MAHALIA: A Gospel Musical (September 13 - October 1)

By Tom Stolz

Directed by Ron Himes

Musical Direction by Malcolm Speed

Tickets - call 314/ 534-3810

Mahalia Jackson. Her expressive, throaty voice carried her from a three-bedroom shanty in New Orleans to appearances before presidents and royalty. The joy and inspiration of her songs provided a counterpoint to the urgent messages of her friend, Martin Luther King, Jr. Standing at his side, Mahalia became the musical voice of the civil rights movement. You don't want to miss this soul cleansing experience, including spiritual songs like "Precious Lord", "How I Got Over", "Elijah Rock", "We Shall Overcome" and "Didn't It Rain"! Please plan to join in when the season opens in January.

2-Buck Potluck Season Begins October 22

Jan Munro

While working in Saudi Arabia during the late 1970s, David Motherwell visited many places in the Middle East. They include Egypt, Israel, Jordan, Syria, Turkey, and Greece. His slides include many places that we have read about in the Bible such as Jerusalem and Ephesus. With so much attention on the Middle East in current events, this presentation will be of interest on many levels. Please plan to attend our first pot luck, beginning at 6 pm. Bring a side dish and we will provide the main dish, for your \$2 contribution.

A report from our pilgrim

Joe Lawler

Hello friends, and greetings from the city of Leon, the last of the four major cities along with Way of St. James, the others were Pamplona, Lugarno, and Burgos.

Amazingly enough, things are going pretty well according to plan. I have walked six full stages so far, about 110 kilometers, and I have about 310 to go. I picked up where I left off last year, in the little town of Fromista, last Friday, and continued my walk across the meseta. All that walking I did last month with a couple of dumbbells in my backpack really paid off... I am able to enjoy the walk much more this year. Plus there is the fact that starting your walk on the flat meseta, rather than in the Pyrenees at the beginning, gives you a much easier start and allows you to adjust to the Camino gradually. I will head into the western mountains after a couple more stages.

The Camino continues to get more support from the Spanish government, and the infrastructure keeps getting better... por ejemplo, the government planted a row of trees, each about 40 feet apart, all along the Camino for about 32 kilometers, nearly two stages. The government also laid an irrigation pipe alongside the trees with a little feeder for each tree... already they are giving a lot of shade, and when the trees fill out in a couple more years, you will be able to walk those two stages across the brutal meseta... completely in the shade.

Of course there are lots of interesting people walking the Camino... there was Antonio, the young guy from Chile, who just graduated and has a job teaching religion waiting for him in Chile, but is not sure what he wants to do... he is visiting the religious sites... already visited Fatima in Portugal, where he walked-prayed the last hour on his knees, per the medieval custom... then he saw some friends, and walked another hour or two with them... now his knees are rather ragged and he cannot walk so far. His grandfather fled Spain during the Civil War, when Franco was cracking down on all opposition and seizing control. Franco ruled longer than any Spanish king, and I am now seeing more stories in Spanish newspapers, debating his legacy. Antonio's father never did talk about it.

There was Sue, a British woman who has fallen in love with the Camino... she quit her job and bought a small house in France, right on the pilgrimage path, with pilgrims walking by all day. She is on her way to Santiago with the rest of us and then will decide what to do next.

There is Jenny, a charge nurse on a cancer floor of a hospital in Edinburgh, Scotland. She had a vision problem crop up... the Centro de Salud sent her down to the big hospital in Palencia. There, the doctors immediately lasered her torn retina back into place and discharged her. She was back on the Camino the same day. She said that in Scotland, she probably would still be sitting in the ER waiting room. She did mention that this was an exercise in

trust for her, because she, and most of us, normally would ask a lot of questions, but she doesn't speak the language.

Most of the pilgrims don't have such dramatic stories... we simply keep chugging along. Here is a typical day... get up around six or so, try to find some breakfast, a Spanish tortilla if you're lucky, an egg and potato pie?, or a pastry, and walk out into the cool, misty morning. The heat of summer seems to be finished, and the walking is very pleasant. You will probably walk through at least two or three tiny towns. The Spanish people might not be awake in the first one, but soon you will see a little bar/cafe with backpacks leaning against the outside wall. That's where you get some more breakfast, coffee, etc., and sit with the other pilgrims. After about four or five hours you reach your next stop and find a bed in the refugio or a small room. Then you go out for lunch/dinner, if it's a small town, there is only one place, and all the pilgrims will be there. You get a large meal, starter, main course, dessert, and wine-for about 8 euros. After you finish your chores, washing clothes, etc., you can go for a walk around the town... the little church usually goes back to the 1400s or 1500s, and has some great artwork, or a museo, -- I try to get my pilgrim's credential stamped there, also, many of the towns have dammed their river for swimming, or you can sit out in the plaza with all the others. Most of us then have another Menu del Dia at about 8 pm, and then it's straight to bed. Sounds exciting, huh? It's a pretty simple life.

They are closing , must go, More later. Joe Lawler

Staff

The Rev. Brooke Myers, Rector
Judy Prange, Parish Administrator
Mary Carol Schlueter, Director of Music/Organist
Mary Chapman, Choir Director
Jerome Harris, Sexton
Sondra Ellis, Treasurer
Kimberley Vuitel, Children's Education Coordinator
Lucy Krieg, Adult Education Coordinator
Mary Bass & Wanda Spencer, Nursery Coordinators
Karen Sterbenz, Jr. High Coordinator
Donna Robey, Youth Group Coordinator
Burt Mayfield, Building
Paul Bange, Grounds
Vestry

Butch Sterbenz, Sr. Warden
Mark Willingham, Jr. Warden
Rosemary Burrows
Helen Burton

Matt Chapman
Brad Currey
Jan Hulett
Marlene O'Brien

Parish Mission:

To worship God, share our Christian vision with the world, and equip others for the work of ministry. We will: Glorify God with liturgy in the Anglican tradition; Support the making of music and outreach placing our current emphasis on young people and the hungry; **Invite and include all people into our fellowship regardless of who they are or where they are on their journey of faith; Stand in solidarity with the oppressed against all forms of oppression;** Encourage diversity in this congregation; Provide resources for this congregation's continued growth and ministry; Offer educational programs for children and adults, to nourish each person's growth in Christ; and Take an active role in the life of our Diocese

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Published eleven times a year. The editor of this issue is **Rosemary Burrows**, November editor is Jane Popham, epopham@msn.com Please have articles to her by Oct. 15. Or put articles in the Communique mail box by the offices.